# **Overview**

The residency in Managed Care at Horizon Blue Cross Blue Shield of New Jersey, in conjunction with Rutgers, the State University of New Jersey, is a one-year, post-Pharm.D. specialized training program geared toward the development of clinical skills in a managed care setting.

Residents can expect to be an integral part of the formulary management process by presenting at quarterly Pharmacy & Therapeutics (P&T) meetings, evaluating new drug literature and utilization patterns, researching and updating medical and pharmacy policies and supporting disease-state management programs. Residents will also participate in medication therapy management programs for Medicare Part D members, learn about pharmacy and medical benefit design and work with new technologies.

Industry and pharmacy benefits management perspective of managed care will be gained through routine business meetings and collaborative projects.

As an integral part of the health care management team, residents will take part in aspects of managed care that represent current and future areas of growth. Residents will be involved in strategies to help transform the delivery of health care in New Jersey and models of care, including Patient-Centered Medical Homes and other value-based programs. There will also be opportunities to be part of research projects that focus on developing improved patient outcomes and academics.

## **Cutting-Edge Exposure**

- Clinical strategy and program development
- Specialty and medical pharmacy management opportunities
- Pharmaceutical industry collaborations
- Patient-Centered Medical Home collaborations
- Trending and analysis to support population health management
- Employer group and client interactions
- Health information technology experience
- Government programs
- Legislative impacts on pharmacy
- Health exchanges



## Responsibilities and Unique Opportunities

- Formulary management/P&T Committee participation
- Medicare Part D and medication therapy management
- Collaborative practice
- Medical and pharmacy drug policy development
- Drug monograph preparation
- Clinical presentations/data analysis
- Projects with multidisciplinary teams
- Utilization management
- Research
- Poster presentations for national pharmacy conferences
- Teaching opportunities on site and at Rutgers, the State University of New Jersey

# **Program Requirements**

- Pharm.D. candidate from a U.S.-accredited program
- Licensure in New Jersey
- Strong analytic abilities
- Strong communication, written and presentation skills
- Knowledge of Microsoft Office programs
- Travel requirements may include physician site visits, client meetings and conventions

# **Program Highlights**

- Competitive stipend
- Full, comprehensive medical benefits
- No weekend or staffing requirements
- Paid holidays and vacation days
- Travel expense budget for national meetings

# **Selection Process**

- Curriculum vitae
- Official transcripts for all pharmacy education
- Three letters of recommendation from health care professionals who can attest to your practice abilities and aptitudes
- Written statement summarizing why you are pursuing this residency at Horizon BCBSNJ and detailing your career objectives

#### Upon receipt of materials, you may expect:

- A phone interview
- An on-site interview, upon invitation
- To conduct a 30-minute presentation on a newly-approved drug, focusing on the clinical literature available as a requirement

#### Send completed applications to:

Horizon BCBSNJ Saira A. Jan, PP-120 Three Penn Plaza East Newark, NJ 07105-2200

or email: Saira\_Jan@HorizonBlue.com

# **Possible Career Pathways**

- Managed care organization
- Pharmacy benefits management
- Pharmaceutical industry
- Government
- Clinical consulting
- Medical writing
- Retail pharmacy management

# Preceptor

Saira A. Jan, M.S., Pharm.D. Director of Pharmacy Strategy and Clinical Integration Horizon Blue Cross Blue Shield of New Jersey

Clinical Professor Ernest Mario School of Pharmacy Rutgers, the State University of New Jersey

1-973-466-4575 email: Saira\_Jan@HorizonBlue.com



# Managed Care R E S I D E N C Y





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