



SOBERING STATISTICS



1 in 3 teens thinks abusing prescription drugs is safer than street drugs and that **it is OK to occasionally abuse prescription drugs.**



A CDC study found that that users of prescription drugs are **40 times more likely to use heroin** than others, a figure that cements commonly prescribed medication as a threshold for use of more dangerous substances.

The amount of prescription painkillers prescribed in 2010 was enough to **medicate every adult in America** around the clock for a month.



Nearly **15,000 people die of prescription drug overdoses** annually. In New Jersey, two-thirds of drug-related deaths involve prescription drugs.



TAKE AWAY THE TEMPTATION. LOCK YOUR STOCK.



Community in Crisis is a coalition spearheaded by Somerset Hills YMCA that includes law enforcement officials, organizations, schools, churches and other community groups that have come together to develop a multifaceted plan to halt drug abuse and drug-related deaths.

For more information, or to join this important initiative, please contact **Andi Williams** at awilliams@somersetcountyyymca.org or at **908 630 3526**.

SOMERSET COUNTY YMCA

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The Y is the nation's leading nonprofit committed to strengthening the community through youth development, healthy living and social responsibility. At Somerset County YMCA, we believe everyone, regardless of age, income or background, should have the opportunity to learn, grow and thrive. For information about Somerset County YMCA and financial assistance, visit us at www.somersetcountyyymca.org.



LOCK YOUR R_x STOCK

HELP PREVENT DRUG ABUSE



You are about to sell your house. You have cleaned out and fixed up your home. You have locked up your valuables. But there is one more thing you should do before potential buyers come - **make certain your medications are secure.**

DURING YOUR OPEN HOUSE, YOUR MEDICINE CABINET CAN BE OPEN GAME FOR DRUG THIEVES.

According to the Drug Enforcement Administration (DEA), stealing drugs from open houses is a technique drug thieves use to obtain controlled prescription drugs. In fact, **70 percent** of drug addicts reported that they **started their addiction to prescription medications** from family, friends and strangers' medicine cabinets.

MOST COMMONLY TARGETED MEDICATIONS INCLUDE:

Opiates: pain killers and muscle relaxers like OxyContin and Vicodin

Depressants: anxiety, depression, and sleep medication

Stimulants: ADHD medications such as Adderall



PROTECT YOUR HOME

1. Clean out your medicine cabinets.
2. Dispose of any unused, unneeded, or expired medications properly at drop boxes.
3. Keep your medications in a Medicine Lock-Box.
4. Know where your medications are at all times during an open house.
5. Report any stolen prescriptions to the police.

DROP BOXES ARE AVAILABLE AT THESE CONVENIENT LOCATIONS:



SOMERSET COUNTY

SOMERSET COUNTY SHERIFF,
County Administration Building
20 Grove Street, Somerville

BERNARDS POLICE
1 Collyer Lane, Basking Ridge

BRANCHBURG POLICE
590 Old York Road, Branchburg

FRANKLIN POLICE
495 Demott Lane, Somerset

HILLSBOROUGH POLICE
379 South Branch Road, Hillsborough

NORTH PLAINFIELD POLICE
263 Somerset Street, North Plainfield

MORRIS COUNTY

CHATHAM POLICE
401 Southern Boulevard, Chatham

DENVILLE POLICE
1 Saint Mary's Place, Denville

JEFFERSON POLICE
1033 Weldon Road, Lake Hopatcong

KINNELON POLICE
130 Kinnelon Road, Kinnelon

MADISON POLICE
62 Kings Road, Madison

MENDHAM BOROUGH
3 Cold Hill Road, South Mendham

MENDHAM TOWNSHIP
3 Cherry Lane, Brookside

MONTVILLE POLICE
360 Rt. 202, Montville

