Students at EMSOP have long had an opportunity to interact with students from other healthcare professions through advanced pharmacy practice experiences [APPE], but more recently Rutgers Biomedical and Health Sciences (RBHS) has introduced structured interprofessional sessions that incorporate students from across RBHS. Promoting communication among healthcare professionals (HCPs) from the beginning, each structured interprofessional education session raises awareness to the importance of teamwork in patient care.

An opportunity that was provided in the Fall of 2013 was a mock stroke patient case. The patient was presented in a mock emergency room setting to all students and then evaluated in interdisciplinary breakout sessions. A professor from one of the health disciplines mentored each breakout team and each team included students from many of the RBHS units. As the case was evaluated and the patient progressed through the hospital, each student’s expertise was valuable and communication was key to the patient’s recovery.

Another initiative is the jigsaw, which involves students gaining direct interdisciplinary shadowing experiences with other HCPs. Through this experience, the various health professions students gained a further understanding of collaborative care and participated in an interdisciplinary team meeting simulation after the shadowing sessions were completed. The students educated one another about the discipline they shadowed and then applied what they learned.

During the spring semester, EMSOP coordinated an interdisciplinary medication safety session. The students watched a video describing the events that led to a life-threatening medication error involving chemotherapy. Following the video, practicing oncology professionals from pharmacists to nurses to physicians discussed the importance of effective communication and mutual respect among HCPs. Additionally, the panelists discussed methods that each profession employs to try to prevent medication errors. Following this, the students separated into breakout sessions where each discussed real life examples of medication errors. Through the discussions, each group evaluated how the breakdown of communication across the healthcare disciplines can lead to life threatening medication errors and patient mortality. As each learned about the role of the other’s profession in patient care, the importance of a cooperative team-based approach to patient care was further explored.

These activities have included students from medical, dental, social work, nursing, and physical therapy programs, to name just a few. This collaborative environment allowed each discipline to see what the other ‘brought to the table’ in order to promote similar collaboration in the patient care setting. Students gained a deeper understanding of what each training program involves and the expertise each achieves.

These sessions additionally supported the principles of effective team-based care during for pharmacy students. The students were able to see how interprofessional teams have complementary abilities that can perform effectively to provide the best patient care.
The first Inaugural Educational Opportunity Scholarship Endowment Gala was held at the Hyatt Regency in New Brunswick, New Jersey on November 15, 2014. This formal event was the first of its kind, created by Dean Nancy Cintron and her distinguished committee to promote awareness, insight and support for the creation of an endowment fund for first generation students at the Ernest Mario School of Pharmacy (EMSOP) of Rutgers University. This scholarship had been an idea and vision of Dean Cintron for quite some time. With her dedication and support from the carefully appointed committee, this vision led to the culmination of a successful and special evening. Additionally and without any hesitation, students agreed to offer their help and support Dean Cintron’s endeavors in any way they could for the event. That evening student volunteers served as ushers to greet guests upon their arrivals as well as escort them to the reception area.

All of the efforts that went into planning for the gala took over a year of careful planning to lay out every last detail, leading up to this memorable night. Even the timing of the event was meticulously and meaningfully thought out, taking place in November, the month during which we celebrate the Thanksgiving holiday. For Dean Cintron, this holiday is a day in which everyone, regardless of culture, ethnicity or religion, can come together and rejoice in giving thanks.

Throughout the evening, a silent auction showcasing numerous items from generous donors were on display in order to raise additional resources for the scholarship fund. It showcased an assortment of items, such as New York Giants tickets, an autographed basketball by Coach Vivian Stringer, gourmet chocolate and wine gift baskets, dinner packages, gym membership, jewelry as well as paintings and artwork by local community artists, just to name a few. The keynote speaker for the evening was Dr. Sampson Davis who shared his life story and journey from being an EOF student to a renowned Emergency Room doctor. His speech was moving and encouraged the audience, especially the students, to overcome their obstacles in order to achieve their greatest potential and dreams. This preceded equally inspiring speeches delivered by notable EMSOP alumni, from diverse professional backgrounds, including areas such as community chain pharmacies, independent pharmacies and pharmaceutical industry among others. After the formal part of the program, the evening culminated with great energy as the DJ incorporated light and celebratory music as the dance floor filled up with guests. It was truly a refreshing scene to witness Deans, faculty, staff, preceptors, alumni and friends alike enjoying and having an incredible time, all towards a unified goal and purpose.

We believe the gala made a substantial impact on the awareness of the Office for Student Development, the Educational Opportunity Fund (EOF) Program and its work with first generation students, and why it is so important to provide students with financial support through this rigorous academic program and curriculum. The pharmacy students in the EOF program have become more than just regular colleagues, but rather, we consider ourselves to be a family support and networking system. As proud prospective EOF alumni, we plan to continue to support and give back to the program whenever we can and in any way we can. The EOF program has helped hundreds of students who came from academically and financially challenged backgrounds to reach their dreams that they perhaps could not have realized otherwise. We are eternally grateful and cannot thank the pharmacy EOF staff enough for all of their support and encouragement throughout our 6-year journey. The staff has always made themselves available to help us in any way they can.

This Inaugural Scholarship Gala was unique and special in many ways to each of the guests. It served as a reminder that each of our success and achievements has not been accomplished alone, but with the help and support of many generous hearts of the EOF alumni and community, who believe in its mission. We look forward to the continued support and contributions in order to build and create this scholarship fund; for its existence will undoubtedly help to reduce the financial burden on prospective students, giving them the same chance we had at achieving our dreams of becoming pharmacists.
Preceptor Spotlight: Teresita Lawson

Teresita Lawson, RPh, CDE is a bilingual, bicultural Clinical Pharmacist at Zufall Health Center (ZHC). ZHC is a Federally Qualified Health Center that provides high-quality, affordable and compassionate medical and dental care to the underserved patients of Morris, Sussex, Hunterdon, Warren, Somerset and Essex counties. As the Clinical Pharmacist at ZHC, she leads the Clinical Pharmacy Services Program. She earned her BS in Pharmacy at Long Island University and earned her national board certification in Diabetes Education in 2011.

I had the pleasure of working with Teresita Lawson during my APPE at ZHC. Going into this rotation I was very excited and eager, since I had specifically requested it after reading the syllabus. I thought I had a pretty good idea of what to expect from my five week rotation; however, I did not foresee the profound impact this experience would have on the way I view the pharmacy profession and the role of a pharmacist in the healthcare team.

Shadowing Terry while she counseled patients taught me a great deal about the importance of pharmacists in healthcare; I experienced firsthand the way in which pharmacists are able to close the gaps that exist in patient care. With Terry’s help I was able to see the importance of face-to-face encounters and frequent follow up visits. Terry believes that these encounters build trust and facilitate self-management education, which result in improvement in outcome measures as well as a reduction in the healthcare system utilization, which is evident from the outcomes data she collects.

Terry has a variety of activities which she participates in throughout the week. In addition to seeing new patients and follow-up patients for diabetes education, she works on projects such as seeking accreditation for the center from the American Association for Diabetes Education, patient satisfaction surveys, and discussing drug information questions from the previous day. She also participates in multidisciplinary rounds for HIV patients enrolled in the center’s Ryan White Program.

I spoke with Terry recently and asked her the following questions:

Why did she become a preceptor?
“I love teaching, and most enjoy trying to guide young people in the right direction, at the very least give them enough information and experience to help them make an educated decision as to what they want to do in their career.”

What does she enjoy best about being a preceptor?
“My biggest joy with students is teaching them the value of having a pharmacist integrated into an interdisciplinary team in ambulatory care. Their contributions and expertise as medication experts drive patient safety with respect to medications and also offer a valuable resource to the providers and other members of the team. I also teach them that it is the move into the future—patient centered care is all about closing gaps in care, having the pharmacist on the primary care team is a priceless resource to patients and the clinical team.”

What pharmacy issues is she passionate about?
“The importance of the legislation (HR4190) in congress right now, giving pharmacists provider status in the Social Security act., is my current passion. This will enhance patient access to medication therapy management as well as diabetes self-management education can be expanded to all who need our services. It is important to have our discipline and expertise integrated into the patient-centered team approach. HR4190 should be supported by every student and every pharmacist in the nation if we are to truly reach the capacity we are trained for.”

Have an idea for a future newsletter item or have a question you would like addressed in a future issue?
Email Tim Reilly at tjreilly@pharmacy.rutgers.edu. We are always looking for new ideas!
Update on Preceptor CE Certificates

Preceptor may acquire 3 credits per student by hosting a student on either an IPPE or APPE rotation with a maximum of 6 credits per biennial renewal license period regardless of how many students they have "precepted." Our business office sent CE certificates to preceptors in December 2013 and are scheduled to distribute 2014 Preceptor Rotation CE certificates via US mail to the preceptor whose name is supplied on the student’s evaluation form along with the address on record in RxPreceptor.

If you do not receive your certificate(s) by March 1st please contact the experiential office via email at rotation@pharmacy.rutgers.edu with subject line “Preceptor CE Certificate.”

At this time, CPE Monitor does not have the technical capacity for the school to report any Preceptor CE credits online. NABP plans to move forward on the capability of online reporting when “Phase 2 of the CPE Monitor Implementation” is complete. We will keep you updated as more information becomes available.

Upcoming Student Programs Dates:

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<tr>
<th>Date</th>
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<tr>
<td>February 9, 2015</td>
<td>Start of rotation Cycle 8</td>
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<tr>
<td>February 5, 2015</td>
<td>American Pharmacists Association/ Academy of Student Pharmacists Career Fair</td>
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<td>March 17-19th, 2015</td>
<td>Post-Reflection Evaluation and Preparation Seminar (PREP Week) and NAPLEX Review held at the Ernest Mario School of Pharmacy</td>
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<td>March 23-27, 2015</td>
<td>Spring Break—No Rotations</td>
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<tr>
<td>March 27-31, 2015</td>
<td>American Pharmacists Association, Annual Convention San Diego, CA</td>
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<td>March 30, 2015</td>
<td>Start of Rotation Cycle 9</td>
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<td>April 24-25, 2015</td>
<td>New Jersey Society of Health System Pharmacists Annual Meeting, Long Branch, New Jersey</td>
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<td>May 18, 2015</td>
<td>Ernest Mario School of Pharmacy Graduation College Avenue Campus, New Brunswick</td>
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