Is your friend:  
or someone you know

- spending a lot of time alone
- becoming messy—not bathing, changing clothes, or brushing their teeth
- losing interest in their favorite things
- missing important appointments or sleeping at strange hours
- nervous, cranky, or moody
- really tired and sad

⚠️ They may have a drug problem. ⚠️

According to a recent study, "opioids account for the greatest proportion of the prescription drug abuse problem," and when these pain relieving medication become less available, they turn to heroin.

People with an addiction usually can’t stop taking the drug on their own.

See the signs, don’t ignore them.

1-800-662-HELP (4357)